

The National Gym Association, Eden Chiropractic & Oxbody Promotions presents:



Carolina Night of the Champions

Bodybuilding, Fitness & Figure Championships

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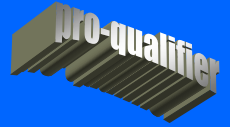
FITTEST KID IN AMERICA

DRUG
FREE

June 5, 2010

Carolina Theatre - Greensboro, NC

310 South Green Street Greensboro, NC 336.333.2605



Competitors Meeting 9:45, Prejudging begins at 11am, Evening Finals begin at 6pm
\$15 Prejudging - \$25 Finals - \$35 Combo

After Party to follow @ Natty Greens - Sculptured Trophies

Men's Open - 4 Classes
Women's Open - 3 Classes
Men's Novice
Women's Novice
Most Muscular
Best Poser

Masters Men (40 & Over)
Masters Men (50 & Over)
Masters Women (40 & Over)
Teen (13-19 years old)
Women's Figure & Fitness
Fittest Kid in America (12 & Under)

Posing Music: NO PROFANITY IN POSING MUSIC! CD's only, please ensure CD contains posing music only and is properly labeled. Maximum of 90 seconds for all competitors.

Attire: (Bodybuilders) **Men** - One piece-posing suit. **Women** - 2 piece (may be connected).

Figure/Fitness - 2 piece bikini-style (T-back bottom permitted but not mandatory)

Kids Challenge - 1 mile run, pull-ups, sit-ups, push-ups

DRUG TESTING: Banned Substances can be identified on nationalgym.com. Polygraph test \$35 cash to be paid at the time of the appointment. Test will be performed June 4, 2010 at Marriott Hotel. Call 336-932-9745 to schedule your testing appointment.

HOTEL INFORMATION: Marriott Downtown 304 North Greene Street Greensboro, NC 336-379-8000.

Ask for the Carolina Night of Champions rate. Polygraph Testing will be at this location.

AFTER PARTY: Natty Greens Pub & Brewing Company 345 South Elm Street Greensboro, NC 336-274-1373

After Party is open and included for all competitors and officials. Additional tickets may be purchased for \$20.

Food and drinks are provided, cash bar will be available if desired

Check Contest Entered:

NOVICE

_____ Men's Novice (Split per wt. break)
_____ Women's Novice

*NOVICE means a competitor has NOT placed in the top 3 in an open division in any organization and that has not won 1st place in a novice division in any organization. The promoter has the right to alter divisions and events with regards to participation & limit the number of competitors.

WOMEN'S FIGURE (Split into 2 Classes)

_____ Short – 5'4" & under
_____ Tall – Over 5'4"

WOMENS OPEN

_____ Lightweight – Up to 112 ¼ lbs
_____ Middleweight – 112 ½ - 122 ¼ lbs
_____ Heavyweight – Over 122 ¼ lbs

MEN'S OPEN

_____ Lightweight – Up to 156 ¼
_____ Middleweight – 156 ½ - 176
_____ Light HWT – 176 ¼ - 196
_____ HWT – Over 196

_____ Men's Masters (40 & Over)
_____ Men's Grand Master (50 & Over)
_____ Women's Masters (40 & Over)
_____ Men's Teenage (13 – 19 years)

WOMEN'S FITNESS (2 Classes)

_____ Short – 5'4" & Under
_____ Tall – Over 5'4"

_____ Kids Challenge

Waiver: By your accepting my application to the 2010 NGA Carolina Night Of Champions, along with my non-refundable entry fee, I hereby intend to be legally bound for myself, my heirs, executors and administrators, and Release any and all rights and claims for damages I may have against the NGA, Oxbody Promotions, Inc, Eden Chiropractic, Carolina Theater and any and all sponsors, agents, representatives and assigns for any and all injuries and/or losses suffered by me as a result of my participation and/or attendance and traveling to the 2010 NGA Carolina Night of Champions. These damages include but are not limited to: published photographs that I may find to be unattractive or editorial which I may construe as being misrepresentative. I also grant the NGA and Oxbody promotions, Inc., permission to use photos, videos, or any likeness of myself to promote any future contests, videos, magazines or an other media involved with future and present contests for the purpose of promotion and/or sales of these media, without any compensation to myself, as condition of my entering the event. I also agree to the outcome of the tests results from the polygraph examiner and urinalysis center. I will abide by all NGA rules and show good sportsmanship. By signing and submission of this form I am stating that I am at least 7 years Drug Free and will abide by the NGA drug test policies and procedures.

Signature: _____ Date: _____

Signature of Parent or Guardian (under 18) _____

NAME _____ AGE _____ HEIGHT _____ WT _____
PHONE _____ EMAIL _____
ADDRESS _____ CITY _____ STATE _____ Zip _____

GYM REPRESENTING _____ TITLES WON _____

SPECIAL INTEREST/GOALS _____
OCCUPATION _____

Send Entry Form and Fees payable to:

Carolina NOC
829 Oak Ridge Drive
Eden, NC 27288
Phone: 336-932-9745
Fax: 336-627-8421
Email: carolinanoc@live.com

Entry Fee: \$ 55 All Amateur Athletes
Cross Over: \$ 25
Late Fee: \$ 30 if postmarked after
May 15, 2010
NGA Card: \$35 (can be purchased
at registration)
Kids Challenge: \$15
Total Entry Form Fee = _____

Method of Payment: Certified Check or Money Order